

Recipe for a Good and Happy Life

One day at a time

Mix well each day

One part of FAITH

One part of PATIENCE

One of COURAGE

One of WORK

Add one part of

HOPE

FAITHFULNESS

GENEROSITY

KINDNESS

Blend with

One part PRAYER

One part MEDITATION

GOOD DEEDS

Season the whole with

A dash of GOOD SPIRIT

A sprinkle of FUN

A pinch of PLAY

A cupful of GOOD HUMOUR

Pour all of this into a VESSEL OF LOVE

Cook thoroughly over RADIANT JOY

Garnish with SMILES

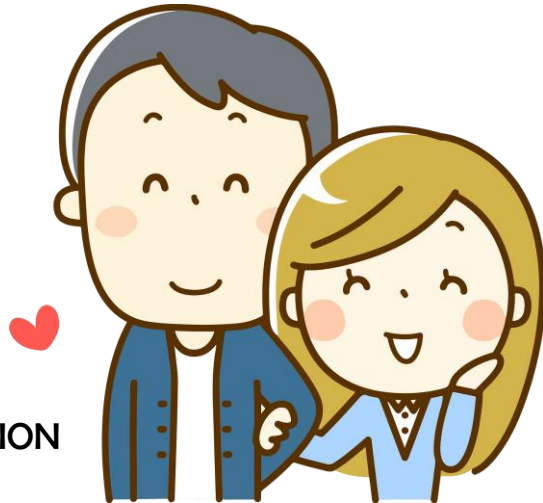
Serve with

QUIETNESS

UNSELFISHNESS

And CHEERFULNESS

And you are bound to have a HAPPY LIFE.



January 2025



BABCOCK
COMMUNITY CARE CENTRE

HAPPY NOTES!

Happy Birthday



- Austin Bauer** - January 4th
- Richard Bliskis** - January 23rd
- Alan Gooding** - January 26th

Welcome

We would like to welcome Anita Kendall to our home.

In Sympathy

The Management, staff and residents of Babcock Community Care Centre would like to extend their deepest sympathy to the family and friends of the late Berdena Postman and Ida Russell.



Pizza & Wing Night



Monday, January 20th at 5:00 PM

Chinese New Year Social



Sunday, January 26th at 2:00 PM
Year of the Snake!



Monthly Birthday Party



Thursday, January 2nd at 1:30 PM
With Entertainment by Randy Grey

Chips and Dip Party



Sunday, January 5th at 2:00 PM

50's Theme Party



Sunday, January 12th at 2:00 PM

NEW YEAR SUPERSTITIONS

Kissing at Midnight:

This ensures such affections and ties will continue throughout the next 12 months.

First Footing:

The first person to enter your home after the stroke of midnight will influence the year to come. Ideally, he should be dark-haired, tall and good-looking, bringing a small gift.

Nothing Goes Out:

Nothing! Absolutely nothing, not even garbage or shaking out a rug. The year must start with something being added to your home.

New Clothing:

Wear something new on January 1st to increase the likelihood of receiving more new garments during the year to come.

Money:

Do not pay back loans or lend out money on January 1st. Doing so is a guarantee you will be paying out all year.



January 2025



Calendar may change. Please give us a call at 519-693-4415 if you have any questions.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:30am Nu-Step 10:00am Respite Music 10:30am Word Puzzles 1:45pm Big Buck Bingo 3:30pm 1:1 Visits	2 8:30am Nu-Step 10:15am Heartbeats Club 1:30pm Randy Grey 2:00pm Birthday Cake	3 8:30am Nu-Step 10:00am Drumfit 1:45pm Bingo 3:40pm Java Music Club	4 8:45am Nu-Step 10:15am Viking Chess 2:00pm Hoya Cards
5 8:45am Nu-Step 10:15am Hymn DVD 2:00pm Chips & Dip Party	6 8:45am 1:1 Visits 10:00am Macrame Craft 1:00pm Nu-Step 1:45pm Bingo 3:45pm Walking Program 6:15pm Drumfit	7 8:30am Nu-Step 9:00am Chick-a-dee 1:30pm Table Hockey	8 8:30am Nu-Step 10:45am Sybil & Remy 11:00am Mass 1:45pm Bingo 3:30pm 1:1 Visits 6:00pm DJ Mary	9 8:30am Nu-Step 10:15am The Race Is On 1:00pm Christmas Tidy Up 6:00pm Wii Bowling	10 8:30am Nu-Step 10:00am Music Connections 1:45pm Bingo 6:00pm Snakes & Ladders	11 7:30am Nu-Step 10:30am Kazoo Choir 2:30pm Snack Game & Trinkets
12 7:30am Nu-Step 9:45am Word of Wheels 10:30am Catholic Communion 2:00pm 50's Theme Party	13 8:45am Nu-Step 10:00am Johnny Borton 1:45pm Bingo 6:00pm Movie Night	14 8:30am Nu-Step 10:30am Church Service 1:30pm Virtual Quiz	15 8:30am Nu-Step 10:45am Sybil & Remy 1:45pm Bingo 3:30pm 1:1 Visits	16 8:30am Nu-Step 10:15am Heartbeats Club 1:30pm Jeremy Smith 6:00pm Mexican Train	17 8:30am Nu-Step 10:00am Drumfit 1:45pm Bingo 2:50pm Tuck Cart	18 8:45am Nu-Step 10:15am Reminiscing Time 2:00pm Ladderball
19 8:45am Nu-Step 10:30am Catholic Communion 2:00pm Social Time	20 8:45am 1:1 Visits 10:00am Babcock Pals 1:00pm Physio Program 1:45pm Bingo 5:00pm Pizza & Wing Night	21 8:30am Nu-Step 9:00am Hand Massages & Glasses 10:30am Wanda & Friends 1:30pm Euchre	22 8:30am Nu-Step 10:45am Sybil & Remy 1:45pm Bingo 3:30pm 1:1 Visits	23 8:30am Nu-Step 9:30am Food Committee 9:45am Resident Council 1:30pm Family Feud 6:00pm Wii Bowling	24 8:30am Nu-Step 10:00am Music Connections 1:45pm Bingo 6:00pm Bulleye Media	25 7:30am Nu-Step 10:00am Wood Craft 2:00pm Food Play
26 7:30am Nu-Step 9:45am Word of Wheels 10:30am Catholic Communion 2:00pm Chinese New Year Social	27 8:45am Nu-Step 10:00am Morning Movie 1:45pm Bingo 3:45pm 1:1 Visits 6:00pm Hoya Cards	28 8:30am Nu-Step 10:30am Shuffleboard 1:30pm Craft Time	29 8:30am Nu-Step 10:45am Sybil & Remy 1:45pm Bingo 3:30pm 1:1 Visits	30 8:30am Nu-Step 10:00am Heartbeats Club 1:30pm Balloon Toss 6:00pm Beat the Blues Social	31 8:30am Nu-Step 10:00am Drumfit 1:45pm Bingo 2:50pm Tuck Cart	