

Babcock Community Care Centre - Visiting Guidelines –

Effective July 16th, 2021

We are permitted to schedule indoor and outdoor visits at this time. Window and virtual visits can also still be scheduled. Please see the guidelines below for more information.

During the COVID-19 pandemic, the health and safety of our residents, families, staffs, and visitors remains our top priority. The presence of family and friends is an important source of mental and emotional strength for our residents but we must balance this with the safety risks of having an outbreak of Covid in the home. The following guidance supports safe visits following the direction provided to us from the government.

What you need to know:

- To ensure ongoing social distancing safety requirements are met, indoor, outdoor, virtual and window visits will be pre-scheduled: Please call Nicole Hopper to learn more about booking a timeslot. **We are currently able to provide visitation every Tuesday, Thursday, Saturday and Sunday between the hours of 10:45 am to 6:30pm.**
- We will do our best to accommodate requests, however we also need to ensure every family has an opportunity to visit. Frequency of visits will be based on equitable access.

Scheduled Indoor Visits:

- Indoor visits will be scheduled in time slots of up to 60 minutes.
- Due to our space limitations, a maximum of three general visitors can visit the resident at a time in addition to 2 Essential Caregivers of the resident.
- We ask that one visitor be over the age of 18 to ensure safety guidelines are followed. Children under the age of 2 do not count towards the general visitor maximum.
- Indoor visitors must pass screening questions, a temperature check and a rapid covid test taken at the home as per government direction. **Visitors that provide proof that they are fully immunized no longer have to take the rapid covid test to enter the home.** Please see “General Safety Precautions” for more information.
- Indoor visitors must wear a medical mask provided by the home.

IF the General Visitor and/or resident are not fully immunized: (have not received both shots of a 2 shot vaccine and/or 14 days have not passed) the visitor(s) and resident must maintain physical distancing of 6 feet from the resident during the visit. Brief hugs are permitted as per direction from the government. A medical mask is required to be worn at all times.

IF the General Visitor and/or resident are both fully immunized: (have received both shots of a 2 shot vaccine and 14 days have passed) the visitor(s) and resident do not have to maintain physical distancing from each other. Physical contact, including hand holding, may occur as per direction from the government. A medical mask is required to be worn at all times.

Proof of immunization status is to be provided to the staff member assisting with the visit. If you do not have proof of full immunization status a rapid test will be required for indoor visits.

Scheduled Outdoor Visits:

- Outdoor Visits will be scheduled in time slots of 60 minutes.
- A maximum of 4 general visitors / essential caregivers can visit the resident at a time when visiting in our north wing patio (due to space limitations).
- A larger number of general visitors / essential caregivers can visit the resident if the resident / family are willing to sit in another location on our property. Unfortunately this area would not be covered and must be away from our outdoor areas where other residents may sit. Large groups of visitors should bring their own lawn chairs as we have a limited amount at the home.
- We ask that one visitor be over the age of 18 to ensure safety guidelines are followed. Children under the age of 2 do not count towards the general visitor maximum.
- Outdoor visitors must pass screening questions and a temperature check but are not required to have a rapid covid test taken as per government direction.
- Outdoor visitors must wear a mask (either your own or home provided if you do not have one).

IF the General Visitor and/or resident are not fully immunized: (have not received both shots of a 2 shot vaccine and/or 14 days have not passed) the visitor(s) and resident must maintain physical distancing of 6 feet from the resident during the visit. Brief hugs are permitted as per direction from the government.

IF the General Visitor and/or resident are both fully immunized: (have received both shots of a 2 shot vaccine and 14 days have passed) the visitor(s) and resident do not have to maintain physical distancing from each other. Physical contact, including hand holding, may occur as per direction from the government.

Proof of immunization status is to be provided to the staff member assisting with the visit.

Virtual / Window Visits:

- Virtual and Window Visits will be scheduled for up to 60 minutes each but may be scheduled for a shorter duration as well.

General Safety Precautions:

- All visitors will be actively screened, including temperature checks (does not apply to window visits).
- For everyone's safety, anyone who does not pass the screening, is on self-isolation, has flu-like symptoms, or is being tested or positive for COVID-19 are not permitted to visit at the home.
- All partially or non-immunized essential caregivers and general visitors must take a rapid-covid test at the home if they are visiting the resident inside the home. The test consists of a mid-nasal swab of both nares. It takes 15 minutes to process the results. The test will be provided upon entry of the home and the visitor is to wait in their vehicle and come back in after 15 minutes has passed to receive the results. If positive, the visitor will not be able to enter the home. The Visitor will be instructed to go home and self-isolate and get tested at their local covid testing clinic. The visitor will not be able to return to the home until we receive verification that they are negative or at least 14 days have passed since the rapid test and the visitor passes our screening measures. Further direction can be obtained by the visitor's health care provider.

- Personal protective equipment (PPE – e.g. masks, eye protection when required) will be provided and required, along with hand hygiene.
- Except for service dogs, animals cannot accompany visitors.
- Indoor / Outdoor / Virtual / Window Visits may be cancelled in the event the resident is not feeling well, poor weather conditions including extreme heat exist, the home is unable to staff the visit, the home's supply of PPE is low and/or the home is under precautions due to a suspect or confirmed outbreak. We will do our best to give advance notice of any cancellations when possible.
- Any non-adherence to these rules could be the basis for discontinuation of visits at the discretion of the home's Administrator.

During the Scheduled Indoor / Outdoor Visit:

- Visitors must wear appropriate Personal Protective Equipment (PPE) as instructed by staff i.e. *keep face mask on at all times, ensure the mask covers your mouth, nose and chin at all times, protective eyewear when required*
- Follow hand hygiene (handwashing or use of hand sanitizer) procedures. Perform when entering/exiting the facility and when entering/leaving the designated visiting area
- Staff will escort you to the designated visiting location
- Visitors must practice physical distancing from all **other** residents and staff for the duration of the visit.
- Please see previous direction under **“Scheduled Indoor / Outdoor Visits”** with regards to social distancing and physical contact with the resident depending on your / the resident's immunization status
- Please do not visit with other residents or staff in the home.
- Please do not pass along anything, such as food or letters, to your loved one or staff.
- For Indoor/outdoor/window/virtual visits: The designated staff member will stay in the visiting area from a distance if the resident is determined to not be safe to leave in the chair / w/c due to fall risk, wandering issues, etc.
- Families/friends will be asked to not arrive until 5 minutes before their scheduled outdoor / window visit so that they are not crossing paths with others who may be visiting.
- Please arrive at least 15 minutes prior to a scheduled indoor visit to allow for rapid covid testing if applicable.

Family members designated as “Essential Caregivers”:

There are special rules for visitors designated as “Essential Caregivers” for a resident. These are visitors that the resident / POA has requested assist with care of the resident including feeding, toileting, transfers, etc. If a resident/family requests this option, administration will discuss the request with the parties involved to make sure we are following current government regulations. Physical touch (hugging, holding hands) is allowed between essential caregivers and residents for those caregivers and residents that are both fully immunized (received both doses of a 2 dose vaccine, received one dose of a single dose vaccine and 14 days has passed since the final dose). Please call and ask to speak with our Director of Care and we can assist with implementing this.

Visiting Steps for Essential Caregivers / Palliative Resident Visitors:

- We recommend a maximum of 3 Essential Caregivers or 3 palliative visitors at a time while visiting inside the home (due to space limitations). The POA/SDM will determine who visits if the resident does not have a preference.
- Essential Caregivers must be 18 years or older to ensure precautions are followed.
- Go to the front entrance
- Undergo active screening with successful pass result
- Non or partially immunized Essential Caregivers must take and pass a rapid covid test as described earlier
- Non or partially immunized palliative resident visitors are encouraged to take a rapid test before visiting in the home to help ensure the safety of our residents and staff. If there is not time to take the test (resident is quickly passing) this test will be bypassed.
- Clean hands using hand sanitizer
- The staff member will escort you to the resident.
- Essential Caregivers / palliative visitors must wear a mask provided by the home for indoor visits. The PPE must be worn at all times during the visit. Please make sure you ask the screener for the PPE.
- Do not bring pets or any outside beverages or food
- Any packaged items that you would like to leave for your resident should be left with the Screener as per current process
- After blowing nose, touching eyes, mouth, coughing or sneezing and at the conclusion of the visit, clean hands with hand sanitizer
- Exit the home's property at the conclusion of the visit.

Resident Leaves of Absence:

Social Absences (day leaves) are permitted for all residents (unless resident is in isolation or home is in outbreak).

Overnight Leaves are also permitted for all residents but residents returning from overnight absences are required to have a lab based PCR Covid test upon return to the home. They must remain in isolation on droplet and contact precautions until we receive a negative test result back from the lab. Overnight leaves must be approved by the home as we have to ensure we have a room available to isolate the resident upon their return. If we do not have enough isolation rooms readily available we may unfortunately have to deny the overnight leave request. We must ensure we have these isolation beds available in case we have to isolate sick residents in the home. The requests will be forwarded to our Director of Care for approval.

Resident leaves for appointments, outdoor physical activity (walks and outdoor programs), palliative absences, and other medical needs are still permitted.

For off-site leaves, we will provide the resident with a mask and ask that the resident and visitor adhere to social distancing guidelines while away from the home to help avoid catching anything and potentially bringing it back into the home. Upon their return, the resident will be screened and their temperature taken before coming back into the home and we will perform a rapid covid test as a precautionary measure. Please contact the home and speak with the charge nurse to let them know your plans so we can have the resident ready in advance of the appointment.

Fully immunized residents returning from overnight LOA's (as previously explained) are currently required to be tested and isolated in a separate room until we receive a negative test back from the lab. Partially (one dose of

2 dose vaccine) or unimmunized residents must be tested upon return and remain in isolation for a minimum of 10 days. Thank you for your understanding during this challenging time.

PPE (masking)

First use provided hand sanitizer on your hands

- Place mask over nose and under chin
- Secure ties, loops or straps
- Mould metal piece to your nose bridge
- For respirators, perform a seal-check



HAND HYGIENE

To clean hands properly, rub all parts of the hands and wrists with an alcohol-based hand rub or soap and water. Pay special attention to fingertips, between fingers, backs of hands and base of the thumbs.

How to handrub

Rub hands for 15 seconds

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1 Apply 1 to 2 pumps of product to palms of dry hands.
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2 Rub hands together, palm to palm.
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3 Rub in between and around fingers.
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4 Rub back of each hand with palm of other hand.

Rub hands for 15 seconds

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5 Rub fingertips of each hand in opposite palm.
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6 Rub each thumb clasped in opposite hand.
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7 Rub hands until product is dry. Do not use paper towels.
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8 Once dry, your hands are safe.

JUST CLEAN YOUR HANDS



How to handwash

Lather hands for 15 seconds

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1 Wet hands with warm water.
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2 Apply soap.
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3 Lather soap and rub hands palm to palm.
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4 Rub in between and around fingers.

Lather hands for 15 seconds

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5 Rub back of each hand with palm of other hand.
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6 Rub fingertips of each hand in opposite palm.
- 

7 Rub each thumb clasped in opposite hand.
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8 Rinse thoroughly under running water.

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9 Pat hands dry with paper towel.
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10 Turn off water using paper towel.
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11 Your hands are now safe.

JUST CLEAN YOUR HANDS



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