

# FLU SEASON IS HERE!

Please help us protect our Babcock  
Community Care centre family!

If you are not feeling well or are  
experiencing flu-like symptoms,  
please reconsider your visit here.

Residents' Pay Phone

**519-693-9977**

Business Line

**519-693-4415**



Please check at the office if you  
wish. Letters and phone calls are  
always welcome.

**THANK YOU FOR YOUR  
CONSIDERATION.**

# January 2019



# HAPPY NOTES!

# Happy Birthday



**Joyce Falkins** - January 11  
**Paul Mozina** - January 22  
**Valerie Horvath** - January 28

## Welcome

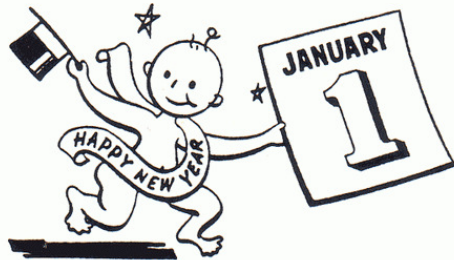
We would like to welcome **Larry King and Albertine Letourneau** to our home.

## In Sympathy

Would would like to express our deepest sympathies to the family and friends of the late **Maude McDonald**.

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## P.J. Day on New Year's Day



**January 1<sup>st</sup>, 2019**



## Resident Council & Food Committee Meeting



**Thursday, January 31<sup>st</sup>  
Starting at 9:30 AM**

**Babcock Resident Council  
President: Joyce Falkins**

**All residents are welcome to attend  
and share their thoughts and ideas.**

# January Birthday Party



Thursday, January 3<sup>rd</sup> at 2:00 PM

Entertainment will be provided  
by Marc & Kimberley.

At 2:15 PM cake will be served.

Sponsored by Babcock Resident Council.

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## Magic Show With Peter Mennie



Tuesday, January 22<sup>nd</sup> at 2:00 PM

# NEW YEAR SUPERSTITIONS

## **Kissing at Midnight:**

This ensures such affections and ties will continue throughout the next 12 months.

## **First Footing:**

The first person to enter your home after the stroke of midnight will influence the year to come. Ideally he should be dark-haired, tall and good looking, bringing a small gift.

## **Nothing Goes Out:**

Nothing! Absolutely nothing, not even garbage or shaking out a rug. The year must start with something being added to your home.

## **New Clothing:**

Wear something new on January 1<sup>st</sup> to increase the likelihood of receiving more new garments during the year to come.

## **Money:**

Do not pay back loans or lend out money on January 1<sup>st</sup>. Doing so is a guarantee you will be paying out all year.

# Babcock Community Care, January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 7:30AM PAJAMA DAY 7:30AM NU-STEP 10:30AM GAMES 1:30PM MORE GAMES	<b>2</b> 7:30AM PHYSIO PROGRAM 10:30AM 1:1 VISITS 2:00PM BINGO 3:30PM BOOK CLUB 6:15PM ROLL A SNOWMAN	<b>3</b> 7:30AM PHYSIO PROGRAM 10:45AM GROUP EXERCISES 2:00PM MARC & KIMBERLY 2:15PM BIRTHDAY CAKE	<b>4</b> 7:45AM NU-STEP 10:30AM JAVA MUSIC CLUB 2:00PM BINGO	<b>5</b> 7:45AM NU-STEP 10:45AM GROUP EXERCISES 2:00PM SHUFFLEBOARD
<b>6</b> 7:45AM NU-STEP 11:00AM COMMUNION 2:00PM TEA TIME	<b>7</b> 7:30AM PHYSIO PROGRAM 8:30AM RESPITE MUSIC DVD 9:30AM CHRISTMAS TIDY-UP 2:00PM BINGO	<b>8</b> 7:30AM PHYSIO PROGRAM 10:45AM CHURCH SERVICE 2:00PM HOYA CARDS	<b>9</b> 7:30AM PHYSIO PROGRAM 10:30AM ALICIA HARDMAN 2:00PM BINGO	<b>10</b> 7:30AM PHYSIO PROGRAM 10:30AM HEARTBEATS 2:00PM TONY BYCRAFT	<b>11</b> 7:45AM NU-STEP 10:00AM GROUP EXERCISES 11:10AM SING--SONGS 2:00PM BINGO	<b>12</b> 8:45AM NU-STEP 10:15AM MUSIC THERAPY "A" 10:45AM MUSIC THERAPY "B" 2:00PM SNOWMAN RACES
<b>13</b> 8:45AM NU-STEP 11:00AM COMMUNION 2:00PM TEAS & GINGERBREAD	<b>14</b> 7:30AM PHYSIO PROGRAM 10:30AM JAVA MUSIC CLUB 2:00PM BINGO 4:15PM GROUP EXERCISES 6:15PM SHUFFLEBOARD	<b>15</b> 7:30AM PHYSIO PROGRAM 10:30AM BIBLE STORIES 2:00PM MAGIC SHOW	<b>16</b> 7:30AM PHYSIO PROGRAM 10:15AM MASS 2:00PM BINGO	<b>17</b> 7:30AM PHYSIO PROGRAM 10:30AM MONTI-SUZIE-Q 2:00PM HOYA CARDS	<b>18</b> 7:45AM NU-STEP 10:30AM WORD PUZZLE 2:00PM BINGO	<b>19</b> 7:45AM NU-STEP 10:45AM GROUP EXERCISES 2:00PM Wii BOWLING
<b>20</b> 7:45AM NU-STEP 11:00AM COMMUNION 1:30PM MATINEE & TREATS	<b>21</b> 7:30AM PHYSIO PROGRAM 8:30AM 1-1 VISITS 10:30AM DRUM CIRCLE 2:00PM BINGO	<b>22</b> 7:30AM PHYSIO PROGRAM 10:45AM CHURCH SERVICE 2:00PM WINE & CHEESE PARTY	<b>23</b> 7:30AM PHYSIO PROGRAM 10:30AM JODI JANESS 2:00PM BINGO 3:30PM BOOK CLUB 6:30PM SHARON'S TRAVEL 6:30PM SHAKE-N-ROLL	<b>24</b> 7:30AM PHYSIO PROGRAM 10:30AM HEARTBEATS 2:00PM BOWLING	<b>25</b> 7:45AM NU-STEP 10:45AM GROUP EXERCISES 2:00PM BINGO	<b>26</b> 8:45AM NU-STEP 10:15AM MUSIC THERAPY "A" 10:45AM MUSIC THERAPY "B" 2:00PM SNOWMAN TOSS
<b>27</b> 8:45AM NU-STEP 11:00AM COMMUNION 2:00PM BREAD PUDDING	<b>28</b> 7:30AM PHYSIO PROGRAM 10:30AM TRAVEL-- DVD 2:00PM BINGO 3:30PM BOOK CLUB 6:15PM MOVIE NIGHT	<b>29</b> 7:30AM PHYSIO PROGRAM 10:45AM CHURCH SERVICE 1:30PM OVER--UNDER GAME	<b>30</b> 7:30AM PHYSIO PROGRAM 10:30AM RANDY GREY 2:00PM BINGO	<b>31</b> 7:30AM PHYSIO PROGRAM 9:30AM FOOD COMMITTEE 9:45AM RESIDENT COUNCIL 2:00PM FAMILY FEUD		

All Activities are subject to change.